2000 UW-Stout Women's Cross Country Individual & Team Results • Final

Event / Name (all events 5K except intrasquad meet)	Intra Squad 8/26 (2 mile)	Blue Devil Invite 9/2 2nd of 4	@St. Olaf Invite 9/16	@Warhawk invite 9/23/00 2nd of 5	@Blugold Invite 10/6 16th of 20	@LX Invite 10/14 24th of 31	Triangular W/LX, EC 10/20 3rd of 3 JV	@WIAC Champs 10/28 6th of 9	@NCAA Reg 11/111 9th of 31	@NCAA Nat'ls 11/18
Lisa Sorvala	12:52.5	20:10.20	20:19.3	19:44.00	19:23.00	19:59.00	x	19:38.5	20:40.0	
Amy Arndt	13:14.3	20:51.20	21:05.9	20:25.00	20:01.00	20:39.00	x	19:51.8	20:17.0	
Heidi Bedsted	13:33.5	21:26.70	DNF	21:20.00	x	21:03.00	x	19:35.3	20:03.0	
Heather Stiles	x	21:25.70	21:18.3	21:20.00	20:51.00	21:04.00	x	20:16.9	20:50.0	
Valori Schaffer	14:28.2	22:10.60	22:44.4	22:36.00	21:26.00	22:30.00	23:08	22:08.6	x	
Ellen Everson	X	x	22:09.8	x	21:12.00	21:09.00	21:03	20:30.7	20:29.0	
Michelle Abramczak	14:37.8	x	22:43.6	21:50.00	21:03.00	21:15.00	x	21:11.4	21:52.0	
Michelle Beckman	15:04.6	x	X	x	x	x	x	x	x	
Pam Gundrum	17:38.9	24:45.40	23:40.2	23:06.00	22:27.00	x	x	23:17.4	x	
Rachel Darby	18:43.7	27:40.00	X	26:40.00	x	x	27:39	x	x	
Meredith Nordberg	X	24:20.90	22:58.2	22:06.00	21:29.00	21:59.00	x	20:48.5	21:56.0	
Terra Dahlheimer	X	X	25:58.1	24:17.00	22:29.00	22:44.00	22:47	21:46.3	x	
Denise Hady	X	X	24:21.3	23:05.00	23:53.00	25:54.00	25:09	x	x	
Jamie Souza	X	X	24:23.8	23:37.00	22:33.00	23:02.00	x	x	x	
Amber Wilde	X	X	X	23:20.00	x	x	x	x	x	